

PLANT BASED MENU

Please note we have only one deep fat fryer

ALTHOUGH WE USE NORMAL MENU WORDING, ALL THE ITEMS LISTED HERE ARE PLANT BASED

NIBBLES

Pitted Gordal large green Olives 3.50 Rustic granary baguette with aged balsamic & virgin olive oil 3.75
Padron peppers (*some are hot, some are not*) pan fried with Malvern salt & olive oil 4.50

STARTERS

Our freshly made soup of the day served with granary baguette	6.95
Real German plant based bratwurst served with potato salad, sauerkraut & sweet German mustard	7.95
A Greek salad of olives, feta cheese, red onion, cucumber & tomatoes in an olive oil & balsamic dressing	7.95
Rarebit mushrooms; grilled portobello mushrooms stuffed with rarebit cheese topped with a light pickle dressing	7.95

MAINS

Battered plant based "cod", mushy peas, our own tartar sauce, lemon wedge & chunky chips	14.95
Halloumi burger with corn fritter & burger sauce, dill pickle, tomato & lettuce, served in a seeded bun with skinny fries	13.25
Our full pastry proper plant based pie of the day, served with seasonal vegetables, roast new potatoes & jug of gravy	14.25
Three plant based sausages, mashed potato, fried onions, beef gravy, peas & leeks	13.95
Plant based "Chicken" schnitzel, dipped in Japanese panko breadcrumbs & fried, served with confit tomato & skinny fries	13.95
Sweet potato, butternut & red lentil curry, basmati rice, mango chutney, poppadom	12.95
Five bean chilli, basmati rice, nachos & sweet chillies	12.95
A warm salad of chicken, bacon & new potatoes in a wholegrain mustard & maple syrup dressing	14.95

12" FRESHLY COOKED PIZZA *we also offer gluten free bases*

PLAIN & SIMPLE - A classic mozzarella & tomato sauce pizza	11.95
SWEET & TANGY - Feta cheese, sweet piquanté peppers, tomato sauce & green pesto (v)	13.95
SLOPPY JANE - 5 bean chilli, red & yellow pepper strips, piquanté sweet chilli's & mozzarella	13.95
THE CHUCKWAGON - BBQ sauce, chicken breast, smoked streaky bacon, mozzarella, sweet bell piquanté peppers	13.95

PUDDINGS

Apple & blackberry crumble with vanilla ice cream	6.95
Irish affogato, 3 scoops of vanilla ice cream, a splash of Bailey's, a cup of espresso for pouring over	6.95
Warm chocolate brownie with orange sorbet	6.95
Chocolate sponge with chocolate sauce	6.95

SIDES

Thick cut Chips 3.25 Skinny fries 3.25 Sweet potato fries 3.25 New potatoes 3.25 Tomato, shallot & parsley salad 3.25
Olive oil garlic bread 3.25 Battered onion rings 3.25 Tender stem broccoli 3.25

BAGUETTES

(Monday to Saturday, Lunchtime only)

Plant based cheese & fresh tomato	8.25
Plant based "cod" fish fingers & tartar sauce	8.25



The White Horse
AMPFIELD