



THE
WHITE HORSE

MAIN MENU – SUMMER 2019

This is just a guide to the type of food we produce. Please contact us for a current up-to-date menu.
NOTE: We have added a new range of Vegetarian and Vegan meals. Please see page 4 for details.

Updated 22 June 2019

While you wait: Selection of breads with olive oil, butter & balsamic vinegar 3.95, bowl of olives 2.75

STARTERS

Chef's soup, with warm granary bread (g/f) (v/g) 6.95

King Scallops with a Pea puree, black pudding & bacon 10.95

Salt & pepper, flour dusted baby calamari with lemon mayonnaise 7.95

Romsey Chalk stream, "cold smoked trout", bread crumbed poached egg, English asparagus (g/f) 8.95

A rich & smooth duck liver parfait, rhubarb & ginger chutney, toasted croute 7.95

Panko bread crumbed Camembert wedges with balsamic walnuts & truffle honey (v) (g/f) 7.95

Twice baked 3 cheese soufflé cheesecake, red pepper & tomato salsa (g/f) (v) 7.95

Korean style sticky chicken wings with Asian slaw 7.95

Crispy duck & watermelon salad, toasted cashew nuts & oriental dressing (g/f) 7.95

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"THE SKIPPER'S CATCH"

Please remember to look at our fish board, for a choice the freshest, most sustainable & wonderful fish we can find, simply grilled or pan fried with a choice of potatoes, vegetables & parsley butter.

MAIN COURSES

A full pastry pie, served with baby roast new potatoes, vegetable selection & jug of gravy 13.95 (g/f)

Choose from: Steak & craft ale or chicken, ham & leek

Rack of Welsh lamb, mashed potato, tender stem broccoli, mint & redcurrant jus 16.95 (g/f)

Calves' liver, smoked garlic mash, kale, pancetta, mushroom sauce & crispy bacon 15.95 (g/f)

Medley of smoked haddock, king scallops & King prawns, garlic & tarragon butter,
with pickled fennel, pea shoots & skin on fries 17.95 (g/f)

Roast chicken Panzanella salad, roast peppers, baby plum tomatoes, Basil, anchovies, capers
& torn Ciabatta, virgin olive oil dressing 13.95 (g/f)

Hot & spicy salmon fillet, noodles, Pak choi, tender stem broccoli, coconut & lime sauce 14.95 (g/f)

"Hot smoked" Romsey Chalk stream trout, white grape & new potato salad with baby leaves,
tarragon & crème fraiche dressing 13.95 (g/f)

Pork tenderloin, Parma ham, purple potato croquettes, tender stem broccoli, roast fig, 14.95 (g/f)

Lightly battered cod fillets served with fat chips, crushed minted petit pois & tartar sauce 13.95 (g/f)

Pan fried chicken "schnitzel" in Panko breadcrumbs, fried egg, dressed salad & skin on fries 13.95 (g/f)

Bombay fish pie, smoked haddock, monkfish & king prawns in a curried cream sauce, mustard seed mash,
with naan bread & mango chutney 15.95 (g/f)

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STEAKS, RIBS & BURGERS

10oz English Sirloin steak served with dressed green salad & thick chips 22.95 (g/f)

Add a steak sauce: Green Peppercorn or Blue Cheese - £2.25

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Hand cut smoked gammon steak, fried egg, dressed salad & thick chips 15.95 (g/f)

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Full rack of pork ribs with sticky Jack Daniels BBQ sauce, coleslaw, skin on fries 16.95 (g/f)

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The White Horse Beef burger topped with cheese, streaky bacon, burger sauce & dill pickle, toasted
ciabatta roll, skin on fries 13.95

SPECIALS BOARD:

We always have a steak on our *Specials Board*.

Please see the blackboard for the steak of the day and all our other specials

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A BIT ON THE SIDE

All at 3.00

Skin on fries (g/f), fat chips (g/f), sweet potato fries (g/f)

Olive oil, parsley & garlic Bread (vg), Onion Rings (g/f) (v)

Mixed dressed salad (g/f) (v)

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VEGETARIAN & VEGAN MENU

KEY: (v) vegetarian | (vg) vegan | (g/f) gluten free

All meals that are marked (g/f) are or can be gluten free, please specify at the time of order

STARTERS

Chef's soup, with warm granary bread (g/f) (v/g) 6.95

Panko bread crumbed Camembert wedges with balsamic walnuts & truffle honey (g/f) (v) 7.95

Twice baked 3 cheese soufflé cheesecake, red pepper & tomato salsa (g/f) (v) 7.95

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MAIN COURSES

Goats cheese, sweet potato & spinach pie, baby roast new potatoes, vegetable selection 13.95

Cajun spiced sweet corn, 5 bean & vegetable burger, tomato chutney, lettuce & tomato, toasted ciabatta roll, skin on fries 12.95 (v/g)

Roast aubergine filled with & roast Mediterranean vegetables, salad & fries 12.95 (v/g)

Mac'n'Cheese, Cheddar cheese & Cherry vine tomatoes, green salad & garlic bread 12.95

Quorn, cashew nut & edamame bean paella served with garlic bread & salad 12.95 (v/g) (g/f)

Thai green vegetable curry with white basmati rice & rice crackers 12.95 (v/g) (g/f)

Radish, fennel, apple, orange, date & toasted Halloumi salad, vinaigrette dressing 12.95 (g/f) (v)

Makhnawala, creamy Goan mixed vegetable curry, pilau rice, naan bread & poppadum 12.95 (v/g)

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Important Notes & Allergy Advice:

Fish meals may contain bones. All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present.

Some meals contain gluten, but can be changed slightly to make them gluten free, please ask for details.

*Our chips are gluten free but are fried in oil that may have previously been used to fry products containing gluten.
We only have one fryer with common fryer oil & one grill.*

***Please speak to a member of staff if you have a food allergen or food intolerance.
A full list of allergens that could be on our menu is available at the bar.***

All weights are pre-cooked, all meals are subject to availability, for any other dietary requirement, please ask.