



THE  
WHITE HORSE

## LUNCHTIME MENU – WINTER 2019

*(Only available Monday – Saturday Lunchtimes)*

This is just a guide to the type of food we produce. Please contact us for a current up-to-date menu. *Updated 15 January 2019*

### WE LOVE SANDWICHES AT LUNCHTIME!

**All our sandwiches are 8.95 with mixed leaves, crisps and celeriac remoulade**

**All sandwiches can be accompanied by fat chips, skin on fries, sweet potato fries  
or a mug of today's soup for £3.00**

Toasted Melted Cornish brie with crispy smoked streaky bacon & cranberry sauce  
in thick cut brown or white bloomer bread

Battered cod fish fingers, freshly made Tartar sauce & crunchy Burt's plain crisps  
in a warm baguette

Romsey chalk stream, cold smoked trout, Philadelphia cream cheese, cracked black pepper & cucumber  
in brown or white bloomer bread

Shredded blackened chicken, crispy bacon, melted Taw valley cheddar, cos lettuce, crushed nachos & tomato salsa  
in a warm white baguette

New Orleans Po'Boy, bread crumbed king prawns, cos lettuce, dill pickle, 1000 island dressing  
in a warm baguette

Toasted Croque Monsieur, with our own honey & cider cooked ham & Taw Valley cheddar cheese  
in brown or white bloomer bread

Toasted Halloumi, tomato & lettuce sandwich (HLT) in brown or white bloomer bread (v)

Toasted Reuben sandwich, corned beef, sauerkraut, swiss cheese, Russian dressing in brown or white bloomer bread

Parisian "Hot Dog" baguette toasted both sides with French mustard

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Our own honey & Cider roasted ham, topped with two fried eggs, thick cut chips 11.95

KEY: (v) vegetarian | (vg) vegan | (g/f) gluten free

All meals or sandwiches that are marked (g/f) are or can be gluten free, please specify at the time of order

Why not get our *Newsletter*, via email, which shows all our functions, special offers and new menus.

Just leave your email address at the bar, or sign-up via our website:

[www.whitehorseampfield.co.uk](http://www.whitehorseampfield.co.uk)

***Important Notes & Allergy Advice:***

*Fish meals may contain bones. All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present.*

*Some meals contain gluten, but can be changed slightly to make them gluten free, please ask for details.*

*Our chips are gluten free but are fried in oil that may have previously been used to fry products containing gluten.  
We only have one fryer with common fryer oil & one grill.*

***Please speak to a member of staff if you have a food allergen or food intolerance.***

***A full list of allergens that could be on our menu is available at the bar.***

*All weights are pre-cooked, all meals are subject to availability, for any other dietary requirement, please ask.*