



THE
WHITE HORSE

LUNCHTIME MENU – AUTUMN 2018

(Only available Monday – Saturday Lunchtimes)

This is just a guide to the type of food we produce. Please contact us for a current up-to-date menu. *Updated 17 October 2018*

WE LOVE SANDWICHES AT LUNCHTIME!

All our sandwiches are 8.95 with mixed leaves and celeriac remoulade

**All sandwiches can be accompanied by fat chips, skin on fries, sweet potato fries
or a mug of today's soup for £3.00**

Toasted Malted Cornish brie with crispy smoked streaky bacon & cranberry sauce
in thick cut brown or white bloomer bread

Battered cod fish fingers, freshly made Tartar sauce & crunchy Burt's plain crisps
in thick cut brown or white bloomer bread

Romsey chalk stream, cold smoked trout, Philadelphia cream cheese, cracked black pepper & cucumber
in brown or white bloomer bread

Shredded blackened chicken, crispy bacon, melted Taw valley cheddar, cos lettuce, crushed nachos & tomato salsa
in a warm white baguette

Toasted Reuben sandwich of Corned beef, Swiss cheese, sauerkraut, with Thousand Island dressing
in brown or white bloomer bread

HLT, Grilled Halloumi, tomato, lettuce & Hellman's mayonnaise in brown or white bloomer bread (V)

New Orleans Po'Boy, bread crumbed king prawns, cos lettuce, dill pickle, 1000 island dressing in a warm baguette

Toasted Croque Monsieur, with our own honey & cider cooked ham & Taw Valley cheddar cheese in brown or white bloomer
bread

Shredded sticky Bacon ribs in Jack Daniels & Black treacle, coleslaw & crushed Nachos in a warm baguette

Nicoise, tinned tuna, olives, hardboiled egg, cos lettuce, cucumber, red onion with French dressing in a warm baguette

Ploughman's sandwich, Taw Valley cheddar, ham, apple, cos lettuce & chutney in a warm baguette (V)

Ham'n'Eggs, our own cider baked ham topped with 2 fried eggs on brown or white bloomer 8.95

KEY: (v) vegetarian | (vg) vegan | (g/f) gluten free

All meals or sandwiches that are marked (g/f) are or can be gluten free, please specify at the time of order

Why not get our *Newsletter*, via email, which shows all our functions, special offers and new menus.

Just leave your email address at the bar, or sign-up via our website:

www.whitehorseampfield.co.uk

Important Notes & Allergy Advice:

Fish meals may contain bones. All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present.

Some meals contain gluten, but can be changed slightly to make them gluten free, please ask for details.

*Our chips are gluten free but are fried in oil that may have previously been used to fry products containing gluten.
We only have one fryer with common fryer oil & one grill.*

Please speak to a member of staff if you have a food allergen or food intolerance.

A full list of allergens that could be on our menu is available at the bar.

All weights are pre-cooked, all meals are subject to availability, for any other dietary requirement, please ask.