



THE
WHITE HORSE

LUNCHTIME MENU – SUMMER 2018

(Only available Monday – Saturday Lunchtimes)

This is just a guide to the type of food we produce. Please contact us for a current up-to-date menu.

Updated 30 July 2018

LUNCHTIME SANDWICHES

(All sandwiches can be made with gluten free bread)

Toasted Melted Cornish brie with crispy smoked streaky bacon 7.95

Battered cod fish fingers, freshly made Tartar sauce 7.95

Romsey chalk stream, cold smoked trout, cracked black pepper & cucumber 7.95

BLT, crispy smoked streaky bacon, lettuce, tomato & Hellman's mayonnaise 7.95

HLT, Grilled Halloumi lettuce & tomato, Hellman's mayonnaise 7.95 (v)

Toasted Reuben, Capreolus Charcuterie, English pastrami, sauerkraut, Swiss cheese, Russian dressing 7.95

All served in white or brown bloomer bread with mixed leaves & celeriac remoulade

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LIGHTER MEALS

Toasted Croque Monsieur, with our own honey & cider cooked ham & cheddar cheese 8.95 (add a fried egg £1)

Our own honey & cider cooked ham with two fried eggs and thick cut chips 12.95 (g/f)

Ploughman's Lunch ; Mature Cheddar, our own cider & honey ham, Cornish pasty,
with pickled onion, chutney, apple & warm ciabatta slipper 11.95

Gardener's Lunch: Mature Cheddar, vegan Leek & Cheddar sausage, asparagus & blue cheese quiche,
with pickled onion, chutney, apple & ciabatta slipper 11.95 (v)

"I went into a pub and ate a Ploughman's Lunch. He was livid"

Tommy Cooper

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KEY: (v) vegetarian | (vg) vegan | (g/f) gluten free

All meals or sandwiches that are marked (g/f) are or can be gluten free, please specify at the time of order

Why not get our *Newsletter*, via email, which shows all our functions, special offers and new menus.

Just leave your email address at the bar, or sign-up via our website:

www.whitehorseampfield.co.uk

Important Notes & Allergy Advice:

Fish meals may contain bones. All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present.

Some meals contain gluten, but can be changed slightly to make them gluten free, please ask for details.

*Our chips are gluten free but are fried in oil that may have previously been used to fry products containing gluten.
We only have one fryer with common fryer oil & one grill.*

Please speak to a member of staff if you have a food allergen or food intolerance.

A full list of allergens that could be on our menu is available at the bar.

All weights are pre-cooked, all meals are subject to availability, for any other dietary requirement, please ask.