



THE  
WHITE HORSE

## LUNCHTIME MENU – FEBRUARY 2018

*(Only available Monday – Saturday Lunchtimes)*

This is just a guide to the type of food we produce. Please contact us for a current up-to-date menu.

*Updated 23 February 2018*

### LUNCHTIME SANDWICHES

**Sandwiches are served on white or brown bloomer bread with mixed leaves and celeriac remoulade:**

Toasted melted Cornish brie with crispy smoked streaky bacon 6.95 (g/f)

Battered cod fish fingers, freshly made Tartar sauce 7.95 (g/f)

Smoked salmon & cucumber 7.95 (g/f)

Toasted cheese & tomato 6.95 (v) (g/f)

BLT, bacon, lettuce, tomato 6.95 (g/f)

Honey roasted ham & English mustard 6.95 (g/f)

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### LIGHTER MEALS

Toasted Croque Monsieur with our own honey & cider cooked ham & cheddar cheese 8.95 (add a fried egg £1) (g/f)

Our own honey & cider cooked ham with two fried eggs and thick cut chips 11.95 (g/f)

*“I went into a pub and ate a Ploughman’s Lunch. He was livid”*

**Tommy Cooper**

The perfect Ploughman’s Lunch: Mature Cheddar, our own cider & honey ham, Scotch egg, pickled onions, our own chutney, apple & warm Ciabatta slipper 10.95

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KEY: (v) vegetarian | (vg) vegan | (g/f) gluten free

All meals or sandwiches that are marked (g/f) are or can be gluten free, please specify at the time of order

Why not get our *Newsletter*, via email, which shows all our functions, special offers and new menus.

Just leave your email address at the bar, or sign-up via our website:

[www.whitehorseampfield.co.uk](http://www.whitehorseampfield.co.uk)

### ***Important Notes & Allergy Advice:***

*Fish meals may contain bones. All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present.*

*Some meals contain gluten, but can be changed slightly to make them gluten free, please ask for details.*

*Our chips are gluten free but are fried in oil that may have previously been used to fry products containing gluten.  
We only have one fryer with common fryer oil & one grill.*

***Please speak to a member of staff if you have a food allergen or food intolerance.***

***A full list of allergens that could be on our menu is available at the bar.***

*All weights are pre-cooked, all meals are subject to availability, for any other dietary requirement, please ask.*