

LUNCHTIME MENU – AUTUMN 2017

(Only available Monday - Saturday Lunchtimes)

This is just a guide to the type of food we produce. Please contact us for a current up-to-date menu.

Updated 17 November 2017

LUNCHTIME SANDWICHES

Sandwiches are served on thick cut white or malted brown bloomer bread with mixed leaves and celeriac remoulade:

(All sandwiches can be made with gluten free bread)

Melted Cornish brie with crispy streaky bacon 6.95

Battered cod fish fingers, Tartar sauce 7.95

Smoked salmon & cucumber 7.95

(V) Toasted cheese & tomato 6.95

Honey roasted ham & English mustard 6.95

LIGHTER MEALS

Toasted Croque Monsieur with our own honey & cider cooked ham & cheddar cheese 8.95 (add a fried egg £1)

Triple decker toasted Club, with chicken, bacon, egg mayonnaise, tomato & lettuce 8.95

Our own honey & cider cooked ham with two fried eggs and thick cut chips 11.95

Plain Omelette with dressed salad & skin on fries 8.95 (add a filling for £1 each: cheese, tomato, mushroom, ham)

Whitby whole tail scampi with thick cut chips and dressed salad 10.95

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Why not get our *Newsletter*, via email, which shows all our functions, special offers and new menus.

Just leave your email address at the bar, or sign-up via our website:

www.whitehorseampfield.co.uk

Important Notes & Allergy Advice:

Fish meals may contain bones. All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present.

Some meals contain gluten, but can be changed slightly to make them gluten free, please ask for details.

Our chips are gluten free but are fried in oil that may have previously been used to fry products containing gluten.

We only have one fryer with common fryer oil & one grill.

Please speak to a member of staff if you have a food allergen or food intolerance.

A full list of allergens that could be on our menu is available at the bar.

All weights are pre-cooked, all meals are subject to availability, for any other dietary requirement, please ask.