



THE
WHITE HORSE

SUNDAY MENU – SPRING 2017

This is just a guide to the type of food we produce. Please contact us for a current up-to-date menu.

While you wait: Selection of breads with olive oil, butter & balsamic vinegar 3.95, bowl of olives 2.75

STARTERS

Freshly made Soup of the day, granary bread 5.25

Chinese style duck, layered with spring onion, cucumber & wonton pastry drizzled with Plum & Hoi sin sauce 6.95

Smoked Mackerel, Anchovy & sun dried tomato salad, vinaigrette dressing 6.95

Smoked Haddock, spring onion & horseradish croquette, topped with a poached egg 7.25

Flour dusted Calamari & Whitebait with freshly made tartar sauce 6.95

(V) Toasted goat's cheese & red onion marmalade pastry tart with a fresh tomato salad 6.95

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SPRING SALADS

Tuna Niçoise made in the French style with tinned tuna, green beans, hard boiled eggs, olives, new potatoes, cos lettuce & anchovies 12.95

Dressed Devon crab, mixed salad & buttered new potatoes 12.95

Pan fried chicken, new potato & bacon salad with a honey & wholegrain mustard dressing, mixed leaves 12.95

(V) Greek salad with Feta, Olives, cherry vine tomatoes, cucumber, red onion, oregano, Olive oil dressing, 12.95

Chicken Waldorf salad, with pan fried chicken breast, grapes, walnuts, apple, celery, mixed leaves, mayonnaise and herb croutons 12.95

Ploughman's Lunch with Cheddar, Stilton & Ham, pickled onion, pickled egg, chutney & crusty bread 10.95

SUNDAY LUNCHES

There is a choice of at least two roasts every Sunday from 12.00 to 4.00pm

Roast sirloin of beef, Homemade Yorkshire pudding, roast parsnips, Crispy Roast Potatoes, Pan Gravy 13.95

Slowly roasted Lamb shank, Homemade Yorkshire pudding, roast parsnips, Crispy Roast Potatoes, Pan Gravy 14.95

Roast Leg of Pork, Crackling, Homemade Yorkshire pudding, roast parsnips, Crispy Roast Potatoes, Pan Gravy 13.95

All served with a selection of fresh seasonal vegetables & cauliflower cheese

Prefer your roast without meat? Then try a great plate of vegetables, Homemade Yorkshire pudding, Cauliflower Cheese, Roast Parsnips, Crispy roast potatoes & vegetarian gravy 10.95

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SUNDAY MAIN COURSES

Lightly battered cod fillets served with thick cut chips, crushed peas & homemade tartar sauce 12.95

Tuna, king prawn & swordfish kebabs, brushed with Thai spices with a Thai green vegetable curry, coriander chutney, prawn crackers 14.25

Fish pie with cod, smoked haddock, prawns, salmon & leeks, cheddar cheese mash, selection of vegetables, crusty roll & butter 13.95

A "proper" chicken & ham short crust pastry pie, seasonal vegetables, roast baby new potatoes, pot of gravy 13.95

White Horse burger in a brioche bun topped with Swiss cheese & bacon, tomato relish, dressed salad & thick cut chips 12.95

Pan fried chicken breast with sweet chilli sauce, French fries & dressed salad 12.95

(V) "Mac'n'Cheese", freshly cooked macaroni, in a creamy Cheddar cheese sauce, topped with crunchy brioche breadcrumbs served with dressed green salad & garlic bread 11.95 (add bacon topping 1.25)

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A BIT ON THE SIDE

All at 3.00

French fries, Thick cut chips, Sweet potato fries, Sauté Potatoes, Garlic Bread, Onion Rings, Mixed Salad, Buttered Greens

“THE SKIPPER'S CATCH”

Please remember to look at our fish board, for a choice the freshest, most sustainable & wonderful fish we can find, simply grilled or pan fried with a choice of potatoes, vegetables & parsley butter.

Important Notes & Allergy Advice:

Fish meals may contain bones. All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present.

Some meals contain gluten, but can be changed slightly to make them gluten free, please ask for details.

*Our chips are gluten free but are fried in oil that may have previously been used to fry products containing gluten.
We only have one fryer with common fryer oil & one grill.*

***Please speak to a member of staff if you have a food allergen or food intolerance.
A full list of allergens that could be on our menu is available at the bar.***

All weights are pre-cooked, all meals are subject to availability, for any other dietary requirement, please ask.

Why not get our *Newsletter*, via email, which shows all our functions, special offers and new menus.

Just leave your email address at the bar, or sign-up via our website:

www.whitehorseampfield.co.uk