



THE
WHITE HORSE

LUNCHTIME MENU – SPRING 2017

(Only available Monday – Saturday Lunchtimes)

This is just a guide to the type of food we produce. Please contact us for a current up-to-date menu.

LUNCHTIME SANDWICHES & ROLLS

Sandwiches are served on thick cut white or malted brown bloomer bread:

Melted Cornish brie with crispy bacon sandwich on brown or white bloomer bread 6.95

Our own thick sliced ham, sliced tomato, chopped lettuce & English mustard on brown or white bloomer bread 6.95

Triple decker “club” sandwich with chicken, bacon, egg mayonnaise, sliced tomato & lettuce on toasted white or brown 8.95

(V) Mediterranean roasted vegetables with a hint of Balsamic vinegar on brown or white bloomer bread 6.95

(V) Mature Cheddar cheese & chutney sandwich on white or brown bloomer 6.95

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New York “Deli” with pastrami, Swiss cheese, lettuce, coleslaw & gherkins in a Ciabatta roll 7.95

Battered cod fish fingers, with chopped lettuce, tomato, Tartar sauce in a Ciabatta roll 7.95

New Orleans Po’boy, fried scampi in breadcrumbs, chopped lettuce, tomato & Mayonnaise served in a warm Ciabatta roll 7.95

Spicy Piri Piri chicken, chopped lettuce & tomato in a Ciabatta roll 7.95

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LIGHTER MEALS

Toasted Croque Monsieur with our own honey & cider cooked ham & cheddar cheese 7.95 (add a fried egg £1)

Our own honey & cider cooked ham with two fried eggs and thick cut chips 11.95

A traditional Ploughman’s Lunch of cheeses, meats, pickles, chutneys & crusty bread 10.95

SALADS

Tuna Niçoise made in the French style with tinned tuna, green beans, hard boiled eggs, olives, new potatoes, cos lettuce & anchovies 12.95

Chicken Waldorf salad, with pan fried chicken breast, grapes, walnuts, apple, celery, mixed leaves, mayonnaise and herb croutons 12.95

Pan fried chicken, new potato & bacon salad in a hot honey & wholegrain mustard dressing, mixed leaves 12.95

(V) Greek salad with Feta, Olives, cherry vine tomatoes, cucumber, red onion, oregano, Olive oil dressing, 12.95

Why not get our *Newsletter*, via email, which shows all our functions, special offers and new menus.

Just leave your email address at the bar, or sign-up via our website:

www.whitehorseampfield.co.uk

Important Notes & Allergy Advice:

Fish meals may contain bones. All our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present.

Some meals contain gluten, but can be changed slightly to make them gluten free, please ask for details.

*Our chips are gluten free but are fried in oil that may have previously been used to fry products containing gluten.
We only have one fryer with common fryer oil & one grill.*

Please speak to a member of staff if you have a food allergen or food intolerance.

A full list of allergens that could be on our menu is available at the bar.

All weights are pre-cooked, all meals are subject to availability, for any other dietary requirement, please ask.